SEPTEMBER

OFFICIAL SPUR AFRIKA NEWSLETTER



SPUR-S-AFRIKA

@spurafrika

P.O.Box 44473 00100 Nairobi www.spurafrika.org

Food Bank

We have been distributing food items and essentials to our 101 Spur Afrika families through the months of August and September.

This has been one of our most practical interventions to help the vulnerable families survive then harsh impacts of COVID 19.

Through support from volunteers, friends and our local partners, we were able to buy, repackage and distribute these essential commodities with much ease. A special thanks to White Reborn Alliance.

Our partners also spared some time to talk to the parents about issues surrounding health and hygiene.







Alternative Learning for Sponsored Children

Children's Educational Update (Alternative Learning)

Our sponsored children continue to come to the Centre every day for revision, counselling, and other kinds of academic support.

They also come to seek guidance on issues affecting them personally or their families.

The children also interact with each other and carry out their studies with the help of staff members.







Extra-Curricular: the children meet in small groups to learn different life skills and general knowledge to allow them to discover their untapped talents. Some of the skills that they engaged in the last eight weeks are; mat weaving, cooking, art work, creative writing, painting, drawing and music.

Director's Piece - Our Ten Years Story



"Ten years ago, my associate Sue and I embarked on establishing a simple charity project to support a few children from the families in informal settlement (Kibera) to access quality health and education.

This venture was realized while in our twenties and the hope was to establish a basic project that we would undertake as part time activity. This was to be more like a purposeful pastime we would engage in once a week, as we proceeded towards attaining ideal jobs in the market and earn 'big income' like our peers. Sue landed a bank job as I intensely pursued a college degree that would ultimately leverage my standing in attaining a similar opportunity if not better.

We came to a decision that would take on less risk at the time, hence started 'small'. This entailed taking on two children at the beginning and having them sponsored to attend school. This was minimal risk since, even if we were not able to find sponsors for them, we would have somehow figured out the alternatives. With all honesty, what unfolded over the 10 year-period was quite unexpected. It was as if we simply blinked then currently we support 100 children from primary school all the way to university level.

Our initial dream of having 'real jobs' and earning 'big money' simply went out of the window. We currently work full time with Spur Afrika, wholly and passionately. The love of the people The Almighty God has brought our way has captured our hearts and overtook every self-centered idea we had towards pursuing and advancing our careers. We love what we do especially because we can actually see over time the positive transforming impact Spur Afrika has had in all the families we work with.

For most of the beneficiaries, Spur Afrika has been their only hope towards attaining levels of education that no one in their family lineage has ever attained. For some, Spur Afrika has been the reason why they have been able to access life serving medical care. Given a chance to go back ten years, I would still choose to undertake the Spur Afrika programme all over again without any regrets. I would even add more zeal and vigor from the initial stage. There is no amount of money or worldly possession that is more rewarding than seeing people find hope and freedom to live better lives.

If you are reading this, it means that you are a Spur Afrika's stakeholder, one way or the other. May I invite you to consider digging in even deeper, hold hands with us even tighter and allow ourselves to be used by The Almighty God to impact actual lives in the most meaningful ways ever. Consider committing with us as a mentor or a counselor to the children, consider spurring with us, investing in cash or in kind towards the work we do".

Special Programs

NHIF - The National Health Insurance Fund is one of our flagship special programs which has seen a lot of success since its inception. So far, we have enrolled about 82 families including 17 orphaned students into the program.

Parents' welfare - Parents' welfare remains to be on top of our priority list as we continue to support them through various programs and follow up on their wellbeing. In August we partnered with a few entrepreneurs from local businesses to engage the parents positively in discussing and solving issues to spur their livelihood.

Oral hygiene - Since we are prohibited from meeting large crowds, we stopped oral hygiene in schools. We, however, opted to concentrate more on our children's dental wellness. We distributed toothbrushes and pastes to our children to significantly reduce cases of teeth decay or related dental health complications.

RIKI - Read It Know It (RIKI) is a learning competition whereby students compete on various academic and general knowledge topics to win gifts and other amazing hand-away. Since March, we have successfully carried out two RIKI competitions for our primary students and their high school counterparts. We showered all the participants and winners with gifts like T-shirts and geometrical sets.







How to reach and donate

You can give toward any of our programs

NHIF

FOOD BANK

M≅PESA

Paybill no: 530285

Account Name: Food Bank

2020 Impact Point

Through unwavering support of our partners, we have been able to support over 100 families through food and other essentials since the outbreak of Corona pandemic in March 2020.

Help us reach out and impact positively more people.

Mentorship

Counselling Sessions (One on one meetings and online meetings)

Mentorship sessions continued both through one on one and online sessions. Mentees have had ample meeting time with their mentors. To that regard, 15, one on one mentoring sessions took place as 2 mentees had online sessions with their mentors lan and Carol. We were also blessed to have 3 new mentors. Thank you, Thomas, John and Jackeline, for joining the team.

Life Skills and sex education - Among key topics discussed included issues affecting the mentees during this Covid-19 era and solutions to them, psychoeducation and understanding one's feelings.

Group Meetings - Group counselling sessions for both boys and girls also took place. 12 girls had a chance to meet twice in their group meeting as the boys met too.

Mentors Lead Team Meetings - The mentors' group that helps us to oversee mentorship program met on 27th September to deliberate on their welfare and to share progress in their personal endeavors. During the meeting, mentors' welfare was discussed and a way forward of mentorship operation in anticipating the return of normalcy brought about by the flattening curve of Covid-19 infections.













